



Garage/Outdoor

- | | Yes | No |
|---|--------------------------|--------------------------|
| • Are pesticides, paints, chemicals and other poisons stored in tightly covered, labelled, original containers in a locked cupboard out of reach of children? | <input type="checkbox"/> | <input type="checkbox"/> |
| • Are all sharp tools locked away? | <input type="checkbox"/> | <input type="checkbox"/> |
| • Is the garden free of poisonous plants? | <input type="checkbox"/> | <input type="checkbox"/> |
| • Can the shed or garage be locked? | <input type="checkbox"/> | <input type="checkbox"/> |
| • Are there barriers around drowning hazards? E.g. ponds or water features. | <input type="checkbox"/> | <input type="checkbox"/> |
| • Are containers stored upside down or away so they cannot fill with rain water? E.g. eskis, play water tables, buckets, pet bowls etc. | <input type="checkbox"/> | <input type="checkbox"/> |
| • Is the play area separate from the driveway? | <input type="checkbox"/> | <input type="checkbox"/> |
| • Is the play equipment stable and in good condition? (regular checks required) | <input type="checkbox"/> | <input type="checkbox"/> |
| • Is there a soft surface under play equipment to cushion falls? | <input type="checkbox"/> | <input type="checkbox"/> |
| • Are pathways clear to prevent tripping? | <input type="checkbox"/> | <input type="checkbox"/> |
| • Are branches pruned above eye level to avoid an eye injury? | <input type="checkbox"/> | <input type="checkbox"/> |
| • Are garden statues and birdbaths cemented in to prevent a crushing hazard? | <input type="checkbox"/> | <input type="checkbox"/> |
| • Is your swimming pool or spa fully enclosed by a safety fence? | <input type="checkbox"/> | <input type="checkbox"/> |

Young children take time to learn safe behaviours. Telling children not to do something should be combined with **physical barriers, safety education and adult supervision.**



Bedroom

- | | Yes | No |
|---|--------------------------|--------------------------|
| • Is the cot away from the window? | <input type="checkbox"/> | <input type="checkbox"/> |
| • Are curtain cords secured to the wall and/or are out of reach of children? | <input type="checkbox"/> | <input type="checkbox"/> |
| • All furniture meets the Australian Safety Standards? | <input type="checkbox"/> | <input type="checkbox"/> |
| • Is everything I need close to the changing table? | <input type="checkbox"/> | <input type="checkbox"/> |
| • Are the toys kept where children can reach them without climbing? | <input type="checkbox"/> | <input type="checkbox"/> |
| • Are large drawers or bookshelves anchored to the wall? | <input type="checkbox"/> | <input type="checkbox"/> |
| • Are the toys suitable for the child's age? E.g. choking/strangulation hazard and no button batteries. | <input type="checkbox"/> | <input type="checkbox"/> |
| • Do your children only wear clothing that is made of low fire risk material or designed to reduce fire risk? | <input type="checkbox"/> | <input type="checkbox"/> |

Take action and make changes to all questions with the answer 'no' to reduce your child's risk of injuries or death.

Safety information can be found on our website, or you can come into our shop for physical copies or advice. Kidsafe ACT recommends all families complete a first-aid/CPR course.



www.kidsafeact.com.au
Pearce Community Centre
Building 2, Collett Place,
Pearce
Open Monday - Friday
9am - 12pm & 12:45pm - 3pm
Closed public holidays.



Child Accident Prevention Foundation of Australia in the Australian Capital Territory

HOME SAFETY

Around **68,000 children** in Australia are hospitalised by unintentional and preventable accidents each year.

Lower the risk of injuries or death by:

Step 1 – SPOT THE HAZARDS

Kidsafe encourages you to get down on your hands and knees to spot the hazards at the child's level.

Step 2 – DECIDE HOW TO DEAL WITH THE HAZARD

1. **Remove** the hazard
2. **Protect** against the hazard
3. **Supervise** the child

Step 3 – MAKE THE CHANGES

Now it is time to address the hazard and take action immediately to ensure a safe space.

Poisons Information (24 Hours) **13 11 26**



Living

Yes	No
<input type="checkbox"/>	<input type="checkbox"/>

- Do you have furniture anchored to the wall? E.g. large cupboards, bookcases and drawers.
- Is there surge protection on power boards and electronics?
- Do you have a minimum of one or two smoke detectors located between the sleeping areas and the rest of the house?
- Are safety plug covers fitted in spare power point outlets?
- Have you removed poisonous houseplants?
- Have long cords been bound with twist ties or spools designed to hide extra cord?
- Are heaters, fans and fireplaces guarded and away from curtains, furniture or flammable material?
- Are there barrier gates on steps, stairs and changes in floor levels to prevent falls?
- Are railings free of footholds that children could climb?
- Are sharp edges on tables and furniture covered?
- Are blind and curtain cords out of reach?
- Are glass doors protected by colourful stickers or made of safety glass?
- Are rugs and mats secured to prevent a fall (e.g. non-slip backing)?
- Are chairs and tables difficult to overturn?
- Are cigarettes, ashtrays, matches and lighters out of reach?



Kitchen/Dining

Yes	No
<input type="checkbox"/>	<input type="checkbox"/>

- Do your appliances have short cords that do not dangle over the bench?
- Do you use the back hot plates and turn pot handles around to prevent pots being pulled from the hot plates?
- Are matches, knives and other sharp objects stored in a place where a child cannot reach them?
- Are plastic bags out of reach or tied in the middle?
- Is the kettle out of reach of children?
- Do you have locks on cupboard doors, pantries and the oven?
- Does the highchair meet the Australian Safety Standards?
- Do you have a fire blanket and/or fire extinguisher ready to use in the event of a fire?
- Is there a barrier across the doorway to prevent your child's access to the kitchen?
- Is alcohol stored in a locked cupboard (>1.5m high)?
- Are appliances, plugs and cords in good condition?
- Are tablemats used instead of tablecloths?
- Are hot drinks placed well out of reach of children?
- Are pet bowls safely away from children? E.g. use a barrier or a bowl that a child's face cannot fit into.



Bathroom

Yes	No
<input type="checkbox"/>	<input type="checkbox"/>

- Is the drain plug stored high and out of reach of children or are the pop-up plugs child locked?
- Does the bath have non-slip mats or handrails?
- Are medicines and sharp objects, (e.g. razors) kept in a locked cupboard out of reach of children (>1.5m high)?
- Are hair dryers and electric razors unplugged when not in use?
- Is there a childproof lock on toilet or bathroom door?
- Is the bath water temperature always "tested" before putting the child in (with your wrist or back of hand)?
- Are the shampoos, soaps and cosmetics out of reach of children?
- Is the hot water delivery temperature for your house at a maximum of 50'C?



Laundry

Yes	No
<input type="checkbox"/>	<input type="checkbox"/>

- Are cleaning products stored out of reach in a locked child proof cupboard?
- Are buckets used with a lid on and kept out of reach of children?
- Are tubs and washing machines empty when not in use?
- Does the dryer and washing machine have a child lock and switch off when opened?
- Is the floor kept dry and non-slippery?
- Is there a childproof lock on the laundry door?