



Regional Sponsor



fact sheet

HOME SAFETY CHECKLIST

HOME ENVIRONMENT

- | | YES | NO |
|---|--------------------------|--------------------------|
| Do you have a safety switch to prevent electrocution? | <input type="checkbox"/> | <input type="checkbox"/> |
| Is the hot water delivery temperature for your bathroom at a maximum of 50 ⁰ C? | <input type="checkbox"/> | <input type="checkbox"/> |
| Do you have a minimum of one or two smoke detectors located between the sleeping areas and the rest of the house? | <input type="checkbox"/> | <input type="checkbox"/> |
| Are safety plugs fitted in spare power points? | <input type="checkbox"/> | <input type="checkbox"/> |
| Have you removed any potentially poisonous houseplants? | <input type="checkbox"/> | <input type="checkbox"/> |
| Are appliances, plugs and cords in good condition? | <input type="checkbox"/> | <input type="checkbox"/> |
| Have long cords been bound with twist ties or spools designed to hide extra cord? | <input type="checkbox"/> | <input type="checkbox"/> |
| Are heaters and fans guarded? | <input type="checkbox"/> | <input type="checkbox"/> |
| Are there barrier gates on steps, stairs and changes in floor levels to prevent falls? | <input type="checkbox"/> | <input type="checkbox"/> |
| Are railings free of footholds that children could climb? | <input type="checkbox"/> | <input type="checkbox"/> |

KITCHEN

- | | | |
|--|--------------------------|--------------------------|
| Do your appliances have short cords that do not dangle over the bench? | <input type="checkbox"/> | <input type="checkbox"/> |
| Do you use the back hot plates and turn pot handles around to prevent pots being pulled from the hot plates? | <input type="checkbox"/> | <input type="checkbox"/> |
| Are matches, knives and other sharp objects stored in a place where a child cannot reach them? | <input type="checkbox"/> | <input type="checkbox"/> |
| Are plastic bags out of reach or tied in the middle? | <input type="checkbox"/> | <input type="checkbox"/> |
| Is the kettle out of children's reach? | <input type="checkbox"/> | <input type="checkbox"/> |
| Do you have locks on cupboard doors and pantries? | <input type="checkbox"/> | <input type="checkbox"/> |
| Is the high chair stable? | <input type="checkbox"/> | <input type="checkbox"/> |
| Do you have a fire blanket, fire extinguisher or a woollen blanket ready to use in the event of a fire? | <input type="checkbox"/> | <input type="checkbox"/> |
| Is there a barrier across the doorway to prevent your child's access to the kitchen? | <input type="checkbox"/> | <input type="checkbox"/> |



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BATHROOM

YES NO

Does the bath have non-slip mats or handrails?

Are medicines and sharp objects, (eg razors), kept in a locked cupboard out of reach of children?

Are hair dryers and electric razors unplugged when not in use?

Are medicines in a lockable cupboard? ('Lock Up and Away')

Is there a childproof lock on toilet or bathroom door?

Is the bath water temperature always "tested" before putting the child in (start with cold, then hot, then finish with cold)?

Are the shampoos, soaps and cosmetics out of reach of children?

LAUNDRY

Are cleaners, bleaches and detergents stored out of reach in a child resistant cupboard? ('Lock Up and Away')

Is the nappy bucket used with a lid on and kept out of reach of children?

Are troughs and washing machines empty when not in use?

Do appliances with lids switch off when machine is opened?

Is the floor kept dry and non-slippery?

CHILD'S BEDROOM

Is the cot away from the window?

Are curtain cords secured out of reach (not too near the cot)?

Are the cot rails between 50mm and 85 mm apart?

Is everything I need close to the changing table?

Are the toys kept where children can reach them without climbing?

Is the furniture free of sharp corners?

Are the toys suitable for the child's age (eg have strings and ribbons been cut from toys)?

Do your children only wear clothing that is made of low fire risk material or designed to reduce fire risk?



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LIVING AREAS

	YES	NO
Are sharp edges on tables and furniture covered?	<input type="checkbox"/>	<input type="checkbox"/>
Are blind and curtain cords out of reach?	<input type="checkbox"/>	<input type="checkbox"/>
Are glass doors protected by colourful stickers or made of safety glass?	<input type="checkbox"/>	<input type="checkbox"/>
Is alcohol stored in a child resistant cupboard?	<input type="checkbox"/>	<input type="checkbox"/>
Are toys stored in an area to allow free passage after use?	<input type="checkbox"/>	<input type="checkbox"/>
Are rugs and mats secured to prevent a fall (eg non-slip backing)?	<input type="checkbox"/>	<input type="checkbox"/>
Are chairs and tables difficult to overturn?	<input type="checkbox"/>	<input type="checkbox"/>
Are cigarettes, ashtrays, matches and lighters out of reach?	<input type="checkbox"/>	<input type="checkbox"/>
Are tablemats used instead of tablecloths?	<input type="checkbox"/>	<input type="checkbox"/>
Are hot drinks placed well out of reach of child?	<input type="checkbox"/>	<input type="checkbox"/>
Are there safety guards attached to the wall around fire places, fuel stoves and heaters?	<input type="checkbox"/>	<input type="checkbox"/>
Are heaters kept away from curtains, furniture or other flammable material?	<input type="checkbox"/>	<input type="checkbox"/>

GARDEN SHED/OUTDOORS

Are pesticides, paints, chemicals and other poisons stored in tightly covered, labelled, original containers out of reach of children ('Lock Up and Away')?	<input type="checkbox"/>	<input type="checkbox"/>
Are all garden tools locked away?	<input type="checkbox"/>	<input type="checkbox"/>
Is the garden free of poisonous plants?	<input type="checkbox"/>	<input type="checkbox"/>
Can the shed or garage be locked?	<input type="checkbox"/>	<input type="checkbox"/>
Is the area free of drowning hazards? eg ponds, pet's water containers	<input type="checkbox"/>	<input type="checkbox"/>
Is the play area separate from the driveway?	<input type="checkbox"/>	<input type="checkbox"/>
Is the play equipment stable and in good condition? (regular checks required)	<input type="checkbox"/>	<input type="checkbox"/>
Is there a soft surface under play equipment to cushion falls?	<input type="checkbox"/>	<input type="checkbox"/>
Are pathways clear to prevent tripping?	<input type="checkbox"/>	<input type="checkbox"/>
Are branches pruned above eye level to avoid eye injury?	<input type="checkbox"/>	<input type="checkbox"/>
Are garden statues and birdbaths cemented in to prevent a crushing hazard?	<input type="checkbox"/>	<input type="checkbox"/>
Is your swimming pool or spa fully enclosed by a safety fence?	<input type="checkbox"/>	<input type="checkbox"/>

Consider making changes to items that received a **NO** response for a safer home!

Why make your home Kidsafe?

Homes are very special places. At home we feel comfortable and safe. But for children our homes are just not safe enough. Each year in Australia about 280 children die as the result of injury. Many thousands more suffer needlessly.

Accidents don't just happen out of the blue. They are caused by hazards. A hazard can be anything that has the potential to cause an injury.

So how do you make your home Kidsafe?

Step 1 – SPOT THE HAZARDS

The first step in preventing accidents is to be able to spot the hazards. Kidsafe recommends getting down on your hands and knees and looking at your home from a child's perspective.

Step 2 – DECIDE HOW TO DEAL WITH THE HAZARD

- As a rule, it is best to **remove the hazard**
- The next best solution is to **guard against the hazard**
- After this, you can use **personal safety gear**
- As a last resort you can rely on **supervising the child closely** and keeping within reach

***Never** depend on telling the child not to do something.
The younger the child, the more difficult this is for them.*

*Ensure you combine any barriers you put in place
with **Adult Supervision and Education.***

Step 3 – MAKE THE CHANGES

Once you have decided how to deal with the hazard, do it straight away. Children are not protected until they are separated from the hazard. You will feel more relaxed and they will play more safely when the hazards have been isolated.

For more information please visit our website or give us a call:

62902244

www.kidsafeact.com.au